



REGULATIONS OF THE "VREDESTEIN 20 KM DE PARIS"

COMPETITION

EDITION 2024

This document is a translation into English of the French document "Règlement des Vredestein 20 km de Paris". It has been prepared for the convenience of non-French speaking beneficiaries. Should any question arise about the interpretation of these rules, the French document will be the reference.

The present regulations apply, without restriction or reserve, to all participants in the "Vredestein 20 km de Paris" race.

The main characteristics of the race are presented on the website:

<https://vredestein.20kmparis.com>

The participant is obliged to read them before registering.

The participant declares that he/she has read and accepted these regulations.

Art. 1: PLACE, DATE AND NATURE OF THE COMPETITION

The "Vredestein 20 km de Paris" is an international off-stage race with the World Athletics "Road race label" over a distance of 20 kilometres (one loop) through the streets of western Paris and the Bois de Boulogne.

The race will take place on Sunday 13 October 2024.

The race of the "Vredestein 20 km de Paris" complies with the regulations for off-stage events (World Athletics (WA) and French Athletics Federation (FFA)).

Art. 2: ORGANISER

Under the aegis of the Paris City Council and with the support of the Paris Police Prefecture, the 46th edition of the "Vredestein 20 km de Paris" is organised by:

L'Association Club des 20 km de Paris

ASSOCIATION DES 20 KM DE PARIS

16 bis, avenue Prieur de la côte d'or – 94114 Arcueil Cedex
vredestein.20kmParis.com / contact@20kmparis.com

16 bis, avenue Prieur de la Côte d'Or
CS 40300
94114 Arcueil Cedex

contact@20kmparis.com

Art. 3: CONDITIONS OF PARTICIPATION

Participation in the event is conditional on the following:

A- Age category

The event is open to aged 18 or over, licensed and non-licensed riders, from the junior category onwards and born before 14 October 2006.

B- Medical certificate

Articles L.231-2 and L.231-3 of the French Sports Code and the law of 5 April 2006 on the fight against doping and the health of sportsmen and women require all French and foreign runners to provide proof of their fitness to run in competition, which must be justified by a medical certificate.

In accordance with article 231-2-1 of the French Sports Code, participation in this event is subject to the compulsory presentation of:

- either an "Athlé" competition licence, "Athlé entreprise", "Athlé" option Running or a "Pass' J'aime Courir" issued by the FFA and valid on the date of the event.

Please note: other FFA licences (Health, Executive and Discovery) are not accepted.

- or a sports licence valid on the date of the event, issued by an approved federation only (list in the Annex to these regulations), which must show, by any means, the absence of contraindication to the practice of sport in competition or running (or athletics) in competition.

- or for non-licensed persons of legal age, the presentation of a medical certificate, mentioning the absence of contraindication to the practice of running (or athletics) in competition, dated less than one year before the date of the race. No other document can be accepted as proof of the medical certificate.

Licences issued by delegated federations, i.e. Olympic and non-Olympic unisport federations (and in particular triathlon and orienteering federations), even if they state that there are no contraindications to the practice of sport in competition or running (or athletics) in competition, will not be accepted.

Foreign athletes, even if licensed by a WA-affiliated federation, must provide a medical certificate in French (or accompanied by a translation into French if written in another language).

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Please note: runners are asked to send the organisation a copy of their medical certificate, which must state that they are not contraindicated in the practice of competitive sport or competitive running or competitive athletics, and to keep the original (it can be used for other events) and, if possible, to carry it with them when collecting their number in order to settle any disputes that may arise (legibility, expiry date, etc.).

Specific case of “Joelette” : for their safety, he or her or his association will have to provide a specific medical certificate authorising him or her to participate as a joëlette passenger in the “Vredestein 20km de Paris”.

C- Registration fees

The registration fees, which includes participation in the race, the souvenir t-shirt and the finisher medal, is:

- €48 (including VAT) until 31 October 2023;
- €49 (including VAT) from 1 January to 31 March 2024;
- €55 (including VAT) from 1 April to 30 June 2024;
- €62 (including VAT) from 1 July 2024 until the registration closing date;
- €70 (including VAT) in the village if the sale is implemented.

The registration fees are to be paid in cash, in full, on the day of registration on the Njuko registration platform in favour of the Association Club des 20 km de Paris.

An amount of €3 will be donated to charitable causes.

Special rates are available for groups (companies, associations, clubs, etc.) depending on the closing dates of the groups registration. Groups can contact the Association Club des 20 km de Paris for more information.

Promotional offers may be available.

D- Bib

The participant must visibly wear the number provided by the organisation on the front of the T-shirt at chest level throughout the entire competition.

Art. 4: REGISTRATIONS

A- General

- Online registration - closes when all available numbers are used up.

Registration takes place on the “Vredestein 20 km de Paris” website which uses the Njuko platform, technical service provider of the Association Club des 20 km de Paris.

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For this purpose, participants must complete a registration form and accept unconditionally these race regulations.

Participants undertake to provide only truthful information.

Payment is made by secure payment, on the Njuko platform by bank card (Visa, MasterCard, ...)

Payment by bank card cannot be refunded, except in the event of fraudulent card use. In this case, participants may request the cancellation of the payment and the return of the sums in question.

Payments made by participants will only be considered final after the actual receipt of the amounts due.

All registrations are firm and final and fees cannot be refunded for any reason whatsoever.

Important: Any application submitted other than by this site or through sites accredited to offer registrations for our events (e.g. by email, post or hand delivery) will not be considered.

- Group registration

Registration is only managed by the Sales department of the Association Club des 20km de Paris.

B- Wheelchair parasports runners

Wheelchair runners will be able to participate, except for "parabyke" wheelchair runners considered as cyclists by the Handisport Federation. Helmets must be worn. The wheelchair must be equipped with a braking device. A separate classification from the general classification shall be established.

C- "Standing" parasports runners

"Standing" parasports runners will be able to participate in the race. A classification separate from the general classification shall be established.

D- Joëlette

Teams of Joëlettes can also participate.

They will be positioned at the start in a dedicated SAS. The joëlettes will start in a single wave. By derogation to the FFA recommendations, the number of accompanying persons is between 2 and 8. All the runners of a joëlette team will have a race number with a personal chip and

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will be classified but they will have to commit themselves to run the race with the joëlette team they are registered with.

The accompanying persons will be registered as regular runners and will have to fulfil the same obligations. The registration of the joëlette passenger will be offered by the organisation.

Children's pushchairs specially adapted for running are not allowed, except when running with a child with a disability. The registration for the disabled child will be offered by the organisation. The pushchair and the runner will start from the SAS Joëlettes.

E- Cancellation

Only competitors who are FFA licensees and holders of a valid J'aime Courir Annual Pass or J'aime Courir Event Pass are automatically covered by cancellation insurance. The conditions of application of this insurance are described in the documents provided by the intermediary who offers this insurance (here the FFA). Where applicable, requests for the application of cancellation insurance should be sent exclusively to the following address: pass.event@athle.fr.

Art. 5: COLLECTION OF THE RACE NUMBERS

Race numbers can be collected at the event village during the village's opening hours, upon presentation of an identity document and the collection voucher.

The medical certificate or the licence must have been uploaded in the runners' registration form and validated by the "Vredestein 20 km de Paris" in order for the file to be complete. A competitor's number can be given to a third party on presentation of a copy of the competitor's identity card and his or her withdrawal slip.

Please note: No race numbers will be distributed on Sunday 8 October 2023.

Prohibition on transferring a number:

All entries are personal, firm and final. No transfer of registration is authorised for any reason whatsoever on the live race. Any person who transfers his or her number, even free of charge, to a third party will be held responsible in the event of an accident occurring or caused by the latter during the event. The organisation declines all responsibility in the event of an accident in this type of situation. The person responsible for registration on behalf of a group (company, club, association, school, etc.) is required to inform the participants of the content of the race regulations, of the prohibition of transfer of the number and may, in the event of an accident, be held responsible.

However, it is possible to transform a registration for the Vredestein 20 km of Paris in person into a registration for the Vredestein 20 km of Paris online without any additional cost or reimbursement upon request of the registered runner.

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Art. 6: SPORTS REGULATIONS

The competition shall take place according to the FFA sports regulations.

A- Jury

The jury is composed of FFA officials, under the authority of one or more official off-stage referees. Any complaints may be made in accordance with federal procedures. Their decisions are final.

B- Support for competitors

All external assistance, including out-of-area refuelling, is forbidden.

C- Follower

No follower is allowed, under penalty of disqualification.

D- Hourly limits

Participants have a maximum of 2 hours and 50 minutes to complete the course from their start time. If a competitor is not able to finish within the time limit, the finish vehicle may ask him/her to withdraw from the race. After this decision, competitors wishing to continue must do so in the areas reserved for pedestrians and comply with the traffic regulations of the highway code.

E- Timing

The timing system used is the B-Tag (Chronotrack): a chip, in the form of a strip, is stuck to the number. Intermediate timekeeping is carried out every five (5) kilometres. In order for the time to be validated at the finish, the competitor must run the entire race on the road and have validated his or her time on all intermediate timings.

All participants will be given a number with a microchip which will be automatically initialised at the start line and will serve as a control of the race regularity every 5 km. A competitor who does not use the roadway will not be classified at the finish.

F- Headphones

Headphones or earpieces are allowed but remain the responsibility of the runner. However, for obvious safety reasons, the organisers strongly advise against the use of headphones which can interfere with listening to one's own environment during the races.

Art. 7: INSURANCE

The organisers shall take out insurance covering the consequences of their civil liability and that of their employees. Proof can be provided to any participant who requests it. This

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guarantee will come into play in addition to, or in the absence of, other insurance policies that may be in force.

Unless they have waived their right to do so, FFA-licensed athletes are covered by "personal injury" insurance. It is strongly recommended that other participants take out personal accident insurance, covering any physical injury to which they may be exposed as a result of their sport.

The organiser declines all responsibility for any damage (theft, breakage, loss, etc.) to participants' personal property, even if it is in his custody. Participants will not be able to claim against the organiser for any damage caused to their equipment. It is the responsibility of the participant to take out insurance to cover these risks.

Art. 8: RANKINGS AND AWARDS

A- Rankings

A minimum of one men's and one women's scratch classification will be established. There is a ranking for each category defined by the French Athletics Federation. The runners will receive their scratch ranking and their ranking in their category. There is a separate ranking for wheelchair and stand-up athletes.

B- Awards

A cup will be awarded to the first 3 of the scratch classification of the "Men" and "Women" categories. A cup will be awarded to the first 3 finishers in the Wheelchair competition. All finishers will receive a souvenir medal and a diploma to download.

C- Premiums grid for the scratch classification

The performance bonus scale is as follows:

| Category "Men" | Category "Women" | Premium |
|------------------|------------------|---------|
| 1 st | 1 st | €3,000 |
| 2 nd | 2 nd | €2,000 |
| 3 rd | 3 rd | €1,500 |
| 4 th | 4 th | €1,000 |
| 5 th | 5 th | €600 |
| 6 th | 6 th | €500 |
| 7 th | 7 th | €400 |
| 8 th | 8 th | €300 |
| 9 th | 9 th | €200 |
| 10 th | 10 th | €100 |

D- Handisport "Wheelchair" Premiums

The performance bonus scale for wheelchair parasports runners is as follows:

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| Category "Men" | Category "Women" | Premium |
|-----------------|------------------|---------|
| 1 st | 1 st | €1,000 |
| 2 nd | 2 nd | €500 |
| 3 rd | 3 rd | €250 |

E- Publication of results

The results are published on the "Vredestein 20 km de Paris" website. Provisional results are published on Sunday afternoon (race day) and final and official results within a week.

In accordance with the French law on Information Technology and Civil Liberties, participants may object to the publication of their results on these sites for legitimate reasons (for the FFA, please send a request directly to cil@athle.fr).

Art. 9: SUPPLY

The following refreshments will be offered:

- Solid food supplies will be distributed at the finish in individual containers with products capable of providing the calories required for this type of effort. The number of solid food supplies on the race route will be determined according to the health constraints applicable on race day.
- Five (5) liquid feeders: four (4) on the race course and one (1) at the finish zone

Art. 10: SAFETY AND MEDICAL CARE

Road safety and medical safety adapted to the number of competitors and the duration of the race are ensured on the course. The health services may decide to withdraw a competitor from the race for medical reasons.

A- Pathways used

As the competition takes place partly on roads open to traffic, competitors must use the right-hand side of the road.

B- Safety of competitors

The "Rescue" system set up is provided jointly by the Protection Civile Paris Seine and the SAMU. This system is subject to the approval of the Préfecture de Police de Paris.

It may be decided by the "Rescue" team to withdraw a participant from the race for safety or medical reasons, without the responsibility of the Association Club des 20 km de Paris being engaged or sought.

C- Recovery area

A recovery area will be open to runners. Massages will be provided for runners at the end of the event unless health conditions do not allow it.

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D- Locker area

There will be a locker area where competitors can leave their changing bags and collect them after the race. This locker area will be set up on Sunday morning before and after the race.

Art. 11 : EXCLUSION FROM THE EVENT

Participation in the “Vredestein 20 km de Paris” is forbidden to all wheeled vehicles, except those belonging to the organisation or accepted by it, as well as to animals. Similarly, it is forbidden to bring any dangerous or illegal object onto the event site.

The Association Club des 20 km de Paris reserves the right to exclude any person who contravenes these principles, without being held responsible or liable.

In general, any behaviour that may be detrimental to the smooth running of the event and/or the safety of participants may be penalised by exclusion from the event.

Art. 12: IMAGE RIGHTS

By registering for the “Vredestein 20 km de Paris”, participants expressly authorise the association Club des Paris de 20 km and their rights holders (such as partners and media) to use or reproduce or have used or reproduced their name, image, voice and performance in the context of the sporting event with a view to any direct or derivative use of the event, on any medium, throughout the world, by all means known or unknown to date, and for the entire duration of the protection currently granted to these direct or derivative uses by the legislative or regulatory provisions, the judicial and/or arbitration decisions of any country as well as by current or future international conventions, including for any extensions that may be made to this duration.

This authorisation is given without financial compensation and compensation for the use of the images made.

The association Club des 20 km de Paris expressly prohibits the use of photographs likely to affect the privacy or reputation of participants, and the use of photographs subject to this authorisation on any medium which is likely to create harm to participants.

Participants may object to the use of their image (and request the modification and removal of the image) by email at rgpd@20kmparis.com or by post accompanied by a copy of signed identification, addressed to: L'Association Club des 20 km de Paris, 16bis avenue Prieur de la Cote d'or CS 40300 94114 Arcueil Cedex.

Art. 13: PERSONAL DATA

Data collected

By registering for the “Vredestein 20 km de Paris”, competitors are required to provide a certain amount of data and information, particularly during the registration procedure. This

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data identifies competitors, directly or indirectly, and can be considered as personal data within the meaning of the applicable regulations on personal data protection.

In general, the personal data communicated by participants is intended for the staff authorised by the association Club des 20 km de Paris, who may be members of the association or a company provider responsible for processing such data (timekeeper, printer of the run numbers, registration manager, and communication agency etc.).

The association Club des 20 km de Paris collects this data, for specific purposes, in accordance with the applicable legal provisions and with each participant's consent, and in particular to:

- Create, manage, and provide access to the participant's account.
- Allow the participant to participate in the prize draws organised by the association.
- Provide the information and options chosen.
- Process, monitor, and manage the participant's entries in the various editions of the "Vredestein 20 km de Paris".
- Combat fraud
- Manage and amend the services provided by the association Club des 20 km de Paris.
- Send emails or messages to provide the participant with any useful information such as confirmation of their order, updates, and newsletters about the "Vredestein 20 km of Paris".
- Send emails or text messages to the participant to provide information, announcements, and updates about the "Vredestein 20 km de Paris".
- Collect information, including through surveys or questionnaires.
- Ensure compliance with the applicable legal and regulatory provisions, particularly regarding the absence of medical contraindications for participation in the "Vredestein 20 km de Paris".
- Send emails or text messages to inform the participant of other partner events that may be of interest to them.
- Manage marketing activities and promote the services provided by the association Club des 20 km de Paris.
- Send emails or text messages to communicate special offers, advertising, or other business communications from partners.
- Organise lotteries and contests and allow the participant to register and participate in them.
- Inform the participant of their results and send them certificates.
- Allow any other purposes specified during data collection.

Results :

At the end of the Vredestein 20 km de Paris race, information on the participant's sporting performance (in particular his or her result, photos and videos, progress on the course) will be published on the website <https://vredestein.20kmparis.com> . The participant's sports results will also be published on the website of the French Athletics Federation. If the participant wishes to object to the publication of his/her results, he/she must expressly inform the Association Club des 20km de Paris at resultats@20kmparis.com as well as the FFA at the

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following e-mail address: dpo@athle.fr. The participant's results associated with his/her name, first name and region may also be used by any media.

Tracking of the participant's run on the course

By choosing to participate in the Vredestein 20 km de Paris, participants acknowledge that their progress on the course will be accessible to any user who has downloaded the "Chrono Course" application as well as on the Event's website, as the timing chips allow the detection of the participants' passage every five (5) kilometres or so. The participants accept that any user of the application or the internet may be able to follow them by entering their name and/or first name and/or race number.

Opposition

If a participant wishes to object to such publications for a legitimate reason, he/she must communicate this decision to the Association Club des 20km de Paris at rgpd@20kmparis.com, prior to the event and no later than thirty (30) days prior to the event, so that the appropriate measures can be taken.

Data Sharing

The Association Club des 20km de Paris may share data about participants with third parties. If a participant has ordered products or services from partners through the Association, the Association Club des 20 km de Paris may share the participant's data with the partners concerned. These third parties may send communications, correspondence, and e-mails to the participant.

If the participant has subscribed at the time of registration to the order of an option of a partner of the Vredestein 20 km of Paris (a product or a service for example), these partners are likely to send communications, correspondence or e-mails to the participant.

Finally, the Association Club des 20 km de Paris may share data with its suppliers, service providers, subcontractors or members of the association who are responsible for certain tasks on its behalf. For example, these suppliers may be the registration manager, the timekeeper, the manufacturer of race numbers, the company in charge of medical assistance. These partners have agreed to maintain the confidentiality, security, and integrity of the data.

The data is hosted in France.

By telephone call and/or postal mail or by e-mail or SMS, the participant is likely to receive promotional offers from commercial partners if he/she has ticked the box provided for this purpose when ordering. The data is never transferred or sold by the Association Club des 20 km de Paris to third parties.

In any event, the participant may object at any time under the conditions set out below.

In application of the law of Act n°78-17 of 6 January 1978 on Data Processing, Data Files and Individual Liberties reinforced and supplemented by the GDPR (General Data Protection Regulation) and amended by Act n°2018-493 of 20 June 2018, participants are entitled to question, access, correct and object for legitimate reasons with regard to all the data concerning them and to object to commercial prospecting by the association Club des 20 km de Paris and/or

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its trading partners. Participants are also entitled to formulate specific or general guidelines concerning the retention, deletion, and communication of their post-mortem data.

Participants may exercise all their rights by email at rgpd@20kmparis.com or by post accompanied by a copy of signed identification, addressed to: L'Association Club des 20 km de Paris, 16bis avenue Prieur de la Côte d'Or CS 40300 94114 Arcueil Cedex.

Requests will be considered as soon as possible.

Participants will also be able to unsubscribe from the association's newsletters by going directly to the bottom of one of the newsletters they receive. Requests will be considered within a maximum of 48 hours, i.e., two working days, except for requests sent by post, which are subject to an eight-day time limit.

Art. 14: CODE OF CONDUCT

The competitor undertakes on his honour not to anticipate the start, to cover the full distance before crossing the finish line and to ensure that his race number, placed on his chest, is fully legible during the race.

Art. 15: PROTECTION OF THE ENVIRONMENT

Any abandonment of equipment or throwing away of waste outside the designated areas will result in the competitor being disqualified from the race.

Art. 16: COVID-19

The Association Club des 20 km de Paris may require the implementation of a health protocol.

Where appropriate, this health protocol will be drawn up taking into account the requirements imposed by the public authorities.

The health protocol could include the obligation for each participant to present a document attesting to the absence of infection with the COVID-19 virus or even a health pass.

In any case, the participant must strictly respect the said Sanitary Protocol and acknowledges that the Association Club des 20 km de Paris has the right to refuse participation or even to exclude the participant from the event in the event of non-compliance, without the Association Club des 20 km de Paris being held responsible or liable.

Art. 17: FORCE MAJEURE

In the event of force majeure, notably and without this list being exhaustive, in the event of a climatic event, natural disaster, changes in health restrictions or any other circumstance which endangers the safety of participants, , the Association Club des 20 km de Paris reserves the right to cancel the race. Participants will be informed by all possible means and must then strictly comply with the directives of the organisation. Failure to comply with

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these instructions will de facto end the responsibility of the organiser. The participant will not be entitled to any reimbursement or compensation in this respect.

Art. 18: CANCELLATION

The organiser reserves the right to cancel the event at any time:

- or at the request of the administrative authority,
- or if the administrative authorities do not authorise the event to be held
- or in case of force majeure (bad weather, too few competitors, total or partial confinement, .).

In this case, all registrants to the “Vredestein 20km de Paris event” will automatically be registered to the virtual version of our race without any additional cost.

No refunds or partial refunds will be given for cancellation of the event.

Art. 19: ABSENCE OF RIGHT OF WITHDRAWAL

Note that in accordance with the provisions of Article L221-28 of the Consumer Code: “The right of withdrawal may not be exercised for contracts (...) of leisure activities which must be provided on a specific date or period; (...)”

Given the nature of the services provided, participants do not have any right of withdrawal.

The contract shall therefore be definitive on registration in accordance with the procedures specified in these rules.

Art. 20: DISPUTES

Any claims for an amicable settlement must be made in writing to the organiser at the following address:

L'Association Club des 20 km de Paris - 16 bis, avenue Prieur de la Côte d'Or –
CS 40300 –
94114 Arcueil Cedex.

Such requests must be accompanied by a stamped envelope for the reply, prepared with the name and address of the addressee, within 30 days of the run.

Any disputes must be brought before the competent court.

Art. 21: ACCEPTANCE OF THESE RULES

Participants fully agree to these rules.

Registration constitutes unconditional acceptance of these rules.

These rules may be subject to subsequent changes, the version applicable on the day of the race.

Art. 22: PRE-CONTRACTUAL INFORMATION - ACCEPTANCE OF THE PARTICIPANT

Participants acknowledge having been informed, prior to registration and conclusion of the contract, in a legible and comprehensible manner, of these regulations and of all the information listed in article L. 221-5 of the French Consumer Code, and in particular the following information:

- the essential characteristics of the services offered, taking into account the communication medium used and the service concerned
- the price of the services
- information on the identity of the organiser, its postal, telephone and electronic contact details, and its activities, if not apparent from the context
- information on the absence of withdrawal
- the means of payment accepted.

The organisation team

ANNEX 1

LIST OF MULTI-SPORT FEDERATIONS

WHOSE LICENCES ARE ACCEPTED IF THEY STATE THAT THEY ARE NOT CONTRAINDICATED FOR COMPETITIVE SPORT, COMPETITIVE ATHLETICS OR COMPETITIVE RUNNING

1 - Affinity

- Federation of French Alpine and Mountain Clubs
- French Federation of Physical Education and Voluntary Gymnastics
- French Federation for Physical Training in the Modern World
- French Federation of Sports Retirement
- French Federation of Labour Sport
- Federation of National Defence Sports and Arts Clubs
- National Federation of Sport in Rural Areas
- French Sports and Cultural Federation
- Maccabi Sports and Cultural Federation
- Fédération Sportive et Gymnique du Travail
- French Police Sports Federation
- Centre Nautique des Glénans
- French Omnisports Federation of Educ'Nat' and J and Sports Personnel
- French Federation of Corporate Sport
- Union Nationale Sportive Léo Lagrange
- Sports Federation of ASPTT
- French Federation of Popular Sports
- Union Française des Œuvres Laïques d'Education Physique (UFOLEP)
- Union Nationale des Centres Sportifs de Plein Air (UCPA)

2 - Disabled

- French Handisport Federation
- French Federation of Adapted Sport
- French Deaf Sports Federation

3 - School and University Students

- French University Sports Federation
- Union Générale Sportive de l'Enseignement Libre
- National Union of University Clubs
- National Union of School Sport
- Union Sportive de l'Enseignement du Premier Degré

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