



REGULATIONS OF THE "VREDESTEIN 20 KM OF PARIS" VIRTUAL RACES

EDITION 2025

This document is a translation into English of the French document "Règlement des Courses Connectées". It has been prepared for the convenience of non-French speaking beneficiaries. Should any question arise about the interpretation of these rules, the French document will be the reference.

This document supplements the terms and conditions of use of the NJUKO online registration platform. In the event of a discrepancy between the terms and conditions of the NJUKO platform and these rules, the terms and conditions of the rules shall prevail over the terms and conditions of the NJUKO platform.

Article 1: DATE AND NATURE OF THE EVENTS

The virtual trials of the "Vredestein 20 km de Paris" are virtual run to be carried out by walking or running in one go, without a time limit and anywhere provided that the chosen course is suitable and safe. They do not give rise to an official classification recognised by the French Athletics Federation (FFA).

The main objective of these runs is to help competitors prepare for the "flagship" events of the "Vredestein 20 km of Paris" which will take place in October 2025, but they will be available without any obligation to participate in the "flagship" events.

The planned trials are:

Run name	Run code	Distance	Event date
Virtual 5KM	5KC	5 km	From 14 to 20 April 2025
Virtual 10KM	10KC	10 km	From 16 to 22 June 2025
Virtual 15KM	15KC	15 km	From 25 to 31 August 2025
Virtual 20KM	20KC Basic or 20 KC Premium	20 km	From 6 to 11 October 2025
Virtual 20KIDS	20KIC	1,000 m, 2,024 m or 5,000 m	From 6 to 11 October 2025

Article 2: ORGANISER

The trials are organised by:

L'association Club des 20 km de Paris

ASSOCIATION CLUB DES 20 KM DE PARIS
16 bis, avenue Prieur de la côte d'or – 94114 Arcueil Cedex
vredestein.20kmParis.com / contact@20kmparis.com



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 CS 40300
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Article 3: TERMS AND CONDITIONS OF PARTICIPATION

Participation in these runs is conditional on the following:

A- Age category

The trials are open to runners with or without a licence according to their age, category and year of birth based on the table below. It is expressly stated that runners participate in the competition under their own sole responsibility.

Run	Minimum Age	Category	Born before
Virtual 5KM	14 years	Under-16s	1 January 2012
Virtual 10KM	16 years	Under-17s	1 January 2010
Virtual 15KM	16 years	Under-17s	1 January 2010
Virtual 20KM	18 years	Over-18s	1 January 2009
Virtual 20KIDS	6 years		1 January 2020

B- Registration fees

All participants in these trials register on the Njuko platform set up for them to register for the virtual runs.

Registration sessions will be gradually opened on specific dates for each of them and then also closed on specific dates.

The following prices apply to each run:

The price is expressed in Euros, inclusive of all taxes	Resident in France			Resident abroad		
	Bib solo	Bib team of 2 runners	Bib team of 4 runners	Bib solo	Bib team of 2 runners	Bib team of 4 runners
Run code :						
5 KC	€ 20	€ 17.50	€ 15	€ 25	€ 22.50	€ 20
10 KC	€ 20	€ 17.50	€ 15	€ 25	€ 22.50	€ 20
15 KC	€ 20	€ 17.50	€ 15	€ 25	€ 22.50	€ 20
20KC Basic (*)	€ 20	€ 17.50	€ 15	€ 25	€ 22.50	€ 20
20KC Premium (*)	€ 35	€ 32.50	€ 30	€ 45	€ 42.50	€ 40
20KIC	€ 18			€ 28		

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(*) There are two options for the Virtual 20KM race. Services and prizes vary according to the rate.

A portion of the registration fees will be donated to charitable causes.

Two bundle options of four (4) races are available.

The price is expressed in Euros, inclusive of all taxes	Resident in France			Resident abroad		
	Bib solo	Bib team of 2 runners	Run code :	Bib solo	Bib team of 2 runners	Run code :
Options						
Virtual « Vredestein 20 km de Paris » Complete Bundle <ul style="list-style-type: none"> • 5KM Connecté • 10KM Connecté • 15KM Connecté • 20KM Connecté Premium 	€ 80	€ 77.50	€ 75	€ 105	€ 102.50	€ 100
« Vredestein 20 km de Paris« Complete Bundle <ul style="list-style-type: none"> • 5KM Connecté • 10KM Connecté • 15KM Connecté • 20KM en Présentiel 	€ 100	€ 97	€ 94.50	€ 115	€ 112	€ 109.50

Registration fees are payable in cash, in full on the day of registration on the Njuko registration platform to “l’association du Club des 20 km de Paris.”

Delivery and prizes vary according to the run, as shown below:

- Virtual 5K, 10K and 15K run:
 - Run number and digital certificate
 - Finisher medal
 - Optional: personalised medal (€10 incl. VAT).

The Virtual “Vredestein 20 km de Paris” (20KC) race is available in two (2) distinct formats:

- The fully digital Basic option (20KC Basic)
- The Premium option including a medal and T-shirt (20KC Premium).

- The Virtual “Vredestein 20 km de Paris” Basic:
 - Run number and digital certificate

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- The “Vredestein 20 km de Paris” Premium:
 - Run number and digital certificate
 - Finisher medal
 - memento T-shirt
 - cross-body bag
 - Two deliveries in France (T-shirt then medal)
 - Optional: personalised medal (€10 incl. VAT).

- The Virtual “Vredestein 20 km de Paris” Complete Bundle:
 - Run number and digital certificates for the four runs
 - Four finisher medals and their presentation stand
 - One memento T-shirt
 - One cross-body bag
 - Four or five deliveries in France or abroad (T-shirt and medals)
 - Optional: personalised medal = €10 incl. VAT (for each medal).

- The “Vredestein 20 km de Paris” Complete Bundle:
 - Run number and digital certificate for the four races
 - Four finisher medals and their presentation stand
 - One memento T-shirt
 - One cross-body bag
 - Three or four deliveries in France or abroad (medals)
 - Optional: personalised medal = €10 (for each medal).

- The Virtual “Vredestein 20 kids de Paris” (20KIC) run is available in one format:
 - Run number and digital certificate
 - Memento medal
 - Memento T-shirt
 - Cross-body bag
 - One delivery in France or abroad (T-shirt and medal).

These registration amounts factor in the costs of managing the registration platform, communicating about the runs, the various postal deliveries and the amortisation of the man hours devoted to the implementation of all these races.

C- Insurance

All registrants confirm that they have taken out personal accident insurance covering bodily injury. Virtual runs are virtual events which are not supervised by the organiser. All registrants participate under their sole responsibility for any loss or damage whatsoever. Running 20 km requires adequate training, so all participants must be confident of their fitness to complete their run. By registering for a virtual run, participants confirm that they are aware of this point and agree to participate under their sole responsibility. They release Club des 20 km de Paris, the event organiser, from any liability for any claim whatsoever, concerning any personal injury, death or property damage suffered during the virtual runs.

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Article 4: REGISTRATION

A- General

- Online registration: closes at 11:59 PM the day before the last day of the trial.

Registration takes place via the website of the “Vredestein 20 km de Paris” which uses the platform Njuko, the technical provider of the Association Club des 20 km de Paris.

For this purpose, participants must complete a registration form and accept unconditionally these run rules.

Participants undertake to provide only truthful information.

Payment is made by secure payment, on the Njuko platform, by bank card (Visa, MasterCard etc.)

Payments by bank card cannot be refunded, except in the case of fraudulent card use. In this case, participants may request the cancellation of the payment and the return of the sums in question.

Payments made by participants will only be considered final after the actual receipt of the amounts due.

Important: Any application submitted other than by this site (e.g. by email or by hand) will not be considered.

- Group registrations

Registration is only managed by the Sales department of the Association Club des 20 km de Paris (groupees@20kmparis.com).

B- “Wheelchair” parasports runners

Wheelchair runners will be able to participate in the virtual races, except for “parabike” wheelchair runners considered as cyclists by the French Handisport Federation (FFH). Helmets must be worn. Seats must be equipped with a braking device. Parasports “wheelchairs” will not be connected to the technical platform of the run. Participants will need to provide proof of completion of the run by providing the GPS tracker (GPX file) of their trial.

C- “Standing” parasports runners

“Standing” parasports runners will be able to participate in the race.



D- Children

Children will have the opportunity to register for a virtual version of the “Vredestein 20 kids de Paris”.

Depending on their age, they will be allowed to run the following distances:

- Six to nine years: 1,000 m
- 10–12 years: 2,024 m
- 13–16 years: 5,000 m.

This is a beginners’ run and no leaderboards will be published. A summary of the children’s performances in alphabetical order will only be published on the association’s website: <https://vredestein.20kmparis.com>

Unlike adults, children will not need to use a tracking tool and the children’s results are entered manually. After the run, parents or guardians will be able to enter the children’s results using a designated link.

Article 5: ACTIVITY DATA

Participants will record their activities related to the “Vredestein 20 km de Paris” virtual races using their personal digital device. No official timings will be carried out.

Once runners have connected their personal tracking device before the runs to the technical platform of the service provider Running Heroes, a technical provider appointed by the association, this activity data will be automatically imported to said platform, enabling performances to be confirmed.

The presentation of the times achieved for each run does not constitute a classification approved by the FFA. The association Club des 20 km de Paris reserves the right to carry out checks, in partnership with the provider platform, of performances which might appear suspicious. In this case, the association reserves the right to remove any suspicious performance and to de-register the participant from the general ranking and the prize draw.

Article 6: SAFETY & MEDICAL PRECAUTIONS

A virtual trial of the “Vredestein 20 km de Paris” can be done anywhere in France or the rest of the world, freely, in accordance with the rules of conduct in force of the area where the activity is carried out (specifically traffic regulations). In particular, the choice of locations will have to take into account, first and foremost, safety in order to achieve distances of 5 km or 20 km. Parks, forests and other pedestrian places are preferable locations.

Each participant should have arranged for the distance to be achieved in optimal conditions. This means taking into account, among other things, climatic conditions and personal physical capacities, and adapting their race to suit.

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Article 7: SPORTS RULES

The events shall take place according to the sports rules set out below as well as in the good conduct charter accessible on the registration pages for the virtual events of the “Vredestein 20 km de Paris”:

- As with an official race, once the finish line has been crossed, and the 5 km, 10 km, 15 km or 20 km covered, participants must stop the time.
- A tolerance of an additional 500 metres is allowed.
- Participants must run in one go; trackers may not be switched off or paused.
- Participants are advised to familiarise themselves with their route before day one.
- Participants must choose a flat route; downhill routes are not permitted. A maximum altitude difference of 50 m downhill between the starting point and the end point will be accepted. Any performance whose altitude difference will be greater than -50 m (i.e. downhill) will not be counted in the classification. A loop route that runs to and from the same point with both uphill and downhill runs is accepted.
- It is prohibited to use any vehicle or accessory that can distort performance (bikes, scooters, rollerblades, or cars etc.). Treadmills/exercise bikes are also prohibited.
- Performances should be accessible by the organisation team for checking (gpx files and saved data etc.)
- Participants will need to wear a heart rate monitor.
- Proof of performance may be requested.
- If a participant’s performance is deemed “unusual,” the participant may be disqualified.
- A team of referees will monitor the performance of the best runners throughout the race and spot checks will be carried out based on all other participants.

Article 8: PUBLICATION OF RESULTS

The results and rankings of virtual races, which are drawn up by the association, are only indicative and have no official character, in particular with the FFA.

The results will be published on the running Heroes Technical partner platform and updated throughout the events. The final results will be published on the website of the “Vredestein 20 km de Paris” within a week.

In accordance with the “Informatique et Libertés” law, participants may object to the publication of their results on these sites if they have a legitimate reason.

Article 9: EXCLUSION

Participation in the virtual races of the “Vredestein 20 km de Paris” is prohibited for all wheeled vehicles(s).

Article 10: IMAGE RIGHTS

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By registering for the “Vredestein 20 km de Paris”, participants expressly authorise the association Club des Paris de 20 km and their rights holders (such as partners and media) to use or reproduce or have used or reproduced their name, image, voice and performance in the context of the sporting event with a view to any direct or derivative use of the event, on any medium, throughout the world, by all means known or unknown to date, and for the entire duration of the protection currently granted to these direct or derivative uses by the legislative or regulatory provisions, the judicial and/or arbitration decisions of any country as well as by current or future international conventions, including for any extensions that may be made to this duration.

This authorisation is given without financial compensation and compensation for the use of the images made.

The association Club des 20 km de Paris expressly prohibits the use of photographs likely to affect the privacy or reputation of participants, and the use of photographs subject to this authorisation on any medium which is likely to create harm to participants.

Participants may object to the use of their image (and request the modification and removal of the image) by email at rgpd@20kmparis.com or by post accompanied by a copy of signed identification, addressed to: L'Association Club des 20 km de Paris, 16bis avenue Prieur de la Cote d'or CS 40300 94114 Arcueil Cedex.

Article 11: PERSONAL DATA

Collected data

By registering for the “Vredestein 20 km de Paris”, competitors are required to provide a certain amount of data and information, particularly during the registration procedure. This data identifies competitors, directly or indirectly, and can be considered as personal data within the meaning of the applicable regulations on personal data protection.

In general, the personal data communicated by participants is intended for the staff authorised by the association Club des 20 km de Paris, who may be members of the association or a company provider responsible for processing such data (timekeeper, printer of the run numbers, registration manager, and communication agency etc.).

The association Club des 20 km de Paris collects this data, for specific purposes, in accordance with the applicable legal provisions and with each participant’s consent, and in particular to:

- Create, manage, and provide access to the participant’s account.
- Allow the participant to participate in the prize draws organised by the association.
- Provide the information and options chosen.
- Process, monitor, and manage the participant’s entries in the various editions of the “Vredestein 20 km de Paris”.
- Combat fraud

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- Manage and amend the services provided by the association Club des 20 km de Paris.
- Send emails or messages to provide the participant with any useful information such as confirmation of their order, updates, and newsletters about the “Vredestein 20 km of Paris”.
- Send emails or text messages to the participant to provide information, announcements, and updates about the “Vredestein 20 km de Paris”.
- Collect information, including through surveys or questionnaires.
- Ensure compliance with the applicable legal and regulatory provisions, particularly regarding the absence of medical contraindications for participation in the “Vredestein 20 km de Paris”.
- Send emails or text messages to inform the participant of other partner events that may be of interest to them.
- Manage marketing activities and promote the services provided by the association Club des 20 km de Paris.
- Send emails or text messages to communicate special offers, advertising, or other business communications from partners.
- Organise lotteries and contests and allow the participant to register and participate in them.
- Inform the participant of their results and send them certificates.
- Allow any other purposes specified during data collection.

In application of the law of Act n°78-17 of 6 January 1978 on Data Processing, Data Files and Individual Liberties reinforced and supplemented by the GDPR (General Data Protection Regulation) and amended by Act n°2018-493 of 20 June 2018, participants are entitled to question, access, correct and object for legitimate reasons with regard to all the data concerning them and to object to commercial prospecting by the association Club des 20 km de Paris and/or its trading partners. Participants are also entitled to formulate specific or general guidelines concerning the retention, deletion, and communication of their post-mortem data.

Participants may exercise all their rights by email at rgpd@20kmparis.com or by post accompanied by a copy of signed identification, addressed to: association Club des 20 km de Paris, 16bis avenue Prieur de la Côte d’Or CS 40300 94114 Arcueil Cedex.

Requests will be considered as soon as possible.

Participants will also be able to unsubscribe from the association’s newsletters by going directly to the bottom of one of the newsletters they receive. Requests will be considered within a maximum of 48 hours, i.e., two working days, except for requests sent by post, which are subject to an eight-day time limit.

Article 12: PROTECTION OF THE ENVIRONMENT

Participants agree not to discard any equipment or to litter during trials.

Article 13: CANCELLATION

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In the event of force majeure, in particular and without such a list being exhaustive, in the event of a climatic event, natural disaster, changes in health restrictions or any other circumstance which endangers the safety of participants, the organisation reserves the right to change the dates of the trials for the recording of performances or to cancel the run session without the actors being able to claim compensation for the damage.

If competitors decide to cancel their participation in one of the virtual races, all the registration fees will be retained by the association Club des 20 km de Paris including the amount of the charitable donation (€3 per race) which will be paid to the association associated with the run.

Article 14: ABSENCE OF RIGHT OF WITHDRAWAL

Note that in accordance with the provisions of Article L221-28 of the Consumer Code: “The right of withdrawal may not be exercised for contracts (...) of leisure activities which must be provided on a specific date or period; (...)”

Given the nature of the services provided, participants do not have any right of withdrawal.

The contract shall therefore be definitive on registration in accordance with the procedures specified in these rules.

Article 15: DISPUTES

Any claims for an amicable settlement must be made in writing to the organiser at the following address:

association Club des 20 km de Paris
16 bis, avenue Prieur de la Côte d’Or
CS 40300
94114 Arcueil Cedex.

Such requests must be accompanied by a stamped envelope for the reply, prepared with the name and address of the addressee, within 30 days of the run.

Any disputes must be brought before the competent court.

Article 16: ACCEPTANCE OF THESE RULES

Participants fully agree to these rules.

Registration constitutes unconditional acceptance of these rules.

These rules may be subject to subsequent changes, the version applicable on the day of the race.



The organisation team

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